

**Thupelo ea 15**

**Khutsufatso le tlhahlobo  
ea katleho ea lithupelo**



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156

Thupelo ena e raliloe ho hlahloba hore na barupeluo ba hopola seo ba ithutileng sona le hore na ba tseba ho hlahloba le ho utloisisa tseo ba tla thulana le tsona tšebetsong ka tsela e tla etsa hore ba rarolle mathata.

### Lintlha tsa bohlokoa tsa thupelo ea 15:

Khutsufatso le tlhahlobo ea katleho ea lithupelo

- Basebeletsi ba bophelo metseng **HA BA EA** lebelloa ho tseba meriana/lipilisi le matšoao a mafu a fapakaneng ka hloho.
- Basebeletsi ba bophelo metseng ba lokela ho lemoha matšoao a kotsi 'me ba fetisetse bakuli tleleniking.
- Kamehla ho eloe hloko maikutlo a mokuli, a basebeletsi ba tleleniking, a sechaba sa motse le a mosebeletsi oa bophelo motseng.
- Kamehla ho eloe hloko lintlha tse amang batho maikutlong le likamanong tsa bona le sechaba sa motse pele ho etsoa liqeto ka maemo afe kapa afe a renang.



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157

## Lintlha tsa bohlokoa tsa thupelo ea 15:

### Kakaretso le Tlhahlobo ea Katleho ea Lithupelo

- Basebeletsi ba bophelo metseng ha ba ea lebelloa ho tseba meriana, lipilisi le matšoao ka hloho.
- Basebeletsi ba bophelo metseng ba lokela ho lemoha matšoao a kotsi 'me ba fetisetse bakuli tleleniking.
- Ho eloe hloko maikutlo a mokuli, mosebeletsi oa bophelo motseng, tleleniki, le sechaba sa motse.
- Ho eloe hloko tse amang batho likelellong, maikutlong, le likamanong tsa bona le batho ba bang pele ho etsoa liqeto ka maemo afe kapa afe a renang.

### **Lintlha tsa bohlokoa tsa thupelo ea 15:**

Khutsufatso le tlhahlobo ea katleho ea lithupelo

- Ho ithuta mathata le maemo a fapakaneng a renang ho tla thusa basebeletsi ba bophelo metseng ho rarolla mathata ao ba teanang le ona.
- Basebeletsi ba bophelo metseng ba lokela ho ithuta ho araba lipotso tse botsoang ka mafu a fapakaneng le kalafo ea ona.

## Lintlha tsa bohlokoa tsa thupelo ea 15:

### Kakaretso le tlhahlobo ea katleho ea lithupelo

- Ho utloisisa le ho itokisetsa mathata a tloaelehileng ho tla thusa basebeletsi ba bophelo metseng ha ba teana le maemo a litaba a thata.
- Basebeletsi ba bophelo metseng ba lokela ho ikoetlisa khafetsa hore ba tsebe ho araba lipotso tse botsoang ka mafu le kalafo ea ona.

# Rea le lebohela!

Le qetile lithupelo tsa lona tsa basebeletsi ba bophelo metseng!

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159